



## Childbirth Program

### Patient Information: Finding a Doctor for your Newborn and Newborn Follow-up

In preparation for your newborn's upcoming arrival, we want to help you to be ready for going home with your new baby.

Follow-up for your baby is very important. Your baby will need to be seen by a physician within **72 hours** of leaving the hospital. To ease this process after discharge, you need to ensure you have a doctor for your baby. If you already have a family doctor, you should call and confirm he/she will accept your baby for care. If you do not have a family doctor, we suggest starting to call different offices now because it will be a challenge and will take some time.

Here are a few resources that may help you find a physician:

- <https://www.health.gov.on.ca/en/ms/healthcareconnect/pro/>
- <https://doctors.cpsso.on.ca/>

When you are in the hospital and have delivered your baby, you will need to call your doctor's office and book the first appointment within 72 hours after discharge.

Once you leave the hospital, it is important for your child to have regular check-ups. These appointments allow your doctor to follow your child's growth, health and development. Some of these appointments will also be for your baby to receive their scheduled vaccines. The recommended schedule for routine check-ups for the first year is:

- 72 hours after discharge from hospital (3-6 days old)
- 2 weeks old (requested by some physicians only)
- 1 month (requested by some physicians only)
- 2 months
- 4 months
- 6 months
- 9 months
- 12 months

Please make sure you have a doctor who has accepted your baby for when you deliver.